

Optimize your human capital ...

With the E<sup>5</sup> Edge<sup>(sm)</sup> !!

***Imagine gearing up to win a race... preparing mentally and physically, anticipating obstacles, performing flawlessly ... DAILY!***

Companies are demanding more and more from their employees with fewer and fewer resources. How can employees keep up with this demand without experiencing burnout or overload — ultimately impacting effectiveness, efficiency and quality?

The E5 program is designed for busy and successful professionals wishing to:

- *Envision* and focus on success, both professional and organizational.
- *Evaluate* issues, options, stakeholders, perspectives to make effective, rational decisions.
- *Energize* physically, mentally, and emotionally to operate at full capacity and efficiency.
- *Engage* in and recommit to high priority, high impact activities at peak performance levels.
- *Execute* goals and navigate transitions more effectively through stronger communication and interpersonal skills.

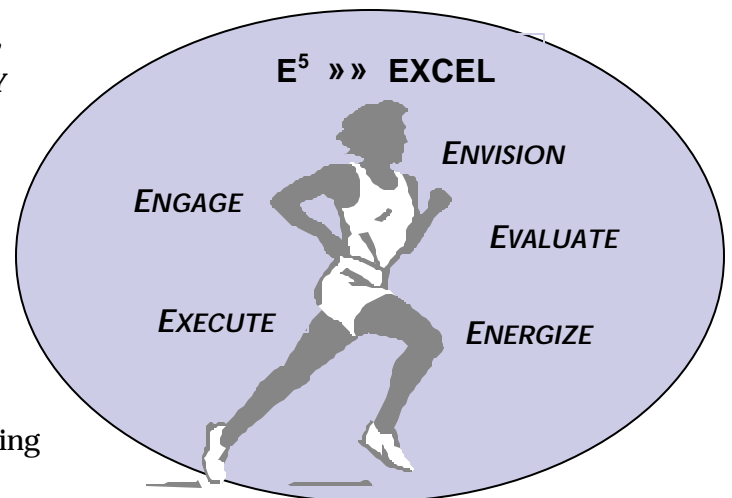
**BOTTOM LINE:**

***INCREASED ORGANIZATIONAL EFFECTIVENESS,  
HIGHER RESILIENCE AND ENHANCED CAPACITY***

Based on current research in organizational effectiveness, brain research, emotional intelligence, systems thinking, transition management, and coaching, this program focuses on achieving organizational success through the success of each individual. We use a powerful combination of group (in person and teleconferences), and private coaching sessions allowing for practice and integration of learning into the workplace.

Our facilitators are experienced coaches and trainers, specializing in professional development, transition management, and organizational effectiveness. They bring extensive practical, real world management experience across several industries including pharmaceutical, high-tech, consumer products, professional services, and non-profit. Their provocative yet down-to-earth styles provide a powerful learning environment that facilitates change and inspires action.

***Our mission is to provide relevant, practical, and efficient programs to help corporate partners build stronger, smoother operations.***



***Explore how E<sup>5</sup> can work for you — call or email today!***